

Finding Your Personal Style

Cheat Sheet

1. Who are you?

Choose at least 3 words that describe you.

What do you want people to see in you? _____

2. What are you naturally drawn to?

Choose 2 or 3 prints that you like. (Example: polka dots, animal print, houndstooth)

Choose one or more colors that you love. _____

Choose one or two favorite fabrics. _____

Choose one or two favorite items to wear. (Example: leggings, dresses, tshirts)

3. What makes you feel good when you're wearing it?

4. What do you wear that gets compliments?

5. Whose style do you admire?

6. Where can you find inspiration? (Example: Pinterest, Instagram, boutiques, retail shops, friends)

Now use this information to begin discovering your style. Ask friends and family for help. I bet you'll even find someone willing to go shopping with you!